

An Introduction to GuidanceResources®



Stay Ahead of Performance, Productivity and Health Issues

COMPSYCH[®]
GuidanceResources[®] Worldwide

Overview

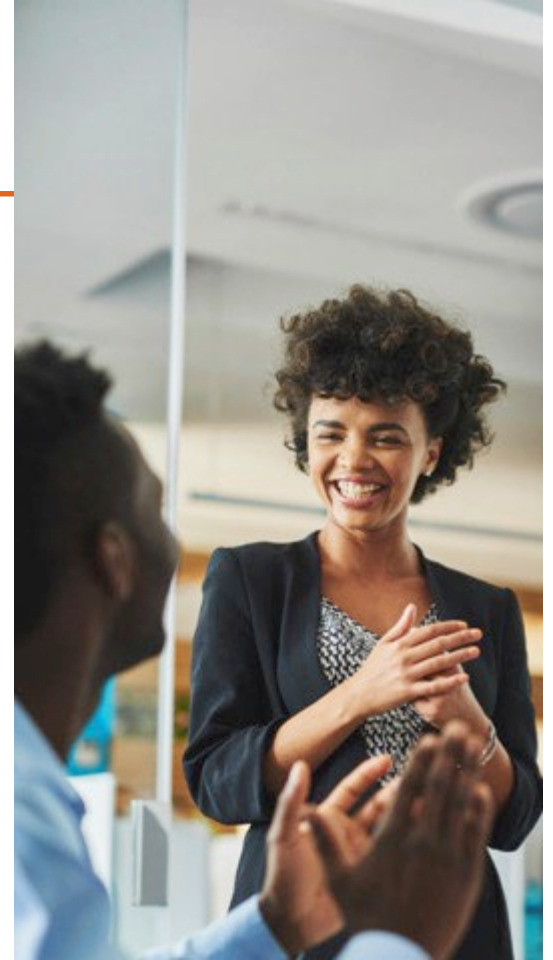
Founded in 1984 and grown to be the largest provider of EAP services in the world

Expansive and diverse customer base covering more than 89 million individuals and more than 33,000 organizations throughout the U.S. and more than 140 countries

Pioneer and leading provider of fully integrated EAP, legal, financial, work-life and wellness services under the GuidanceResources® brand

Global service centers staffed by dedicated clinical, legal financial, wellness, behavioral and work-life experts—24 hours a day

Leading provider of Critical Incident Services worldwide



GuidanceResources®

Integrated GuidanceResources® allows us to be your single source for:

- Confidential consultation on personal issues
- Legal information and resources
- Financial information, resources and tools
- Information, referrals and resources for work-life needs
- Online information, resources and tools



Confidentiality

The program is strictly confidential

Records are maintained by ComPsych®

Summary of number of requests for assistance



Available 24 Hours a Day

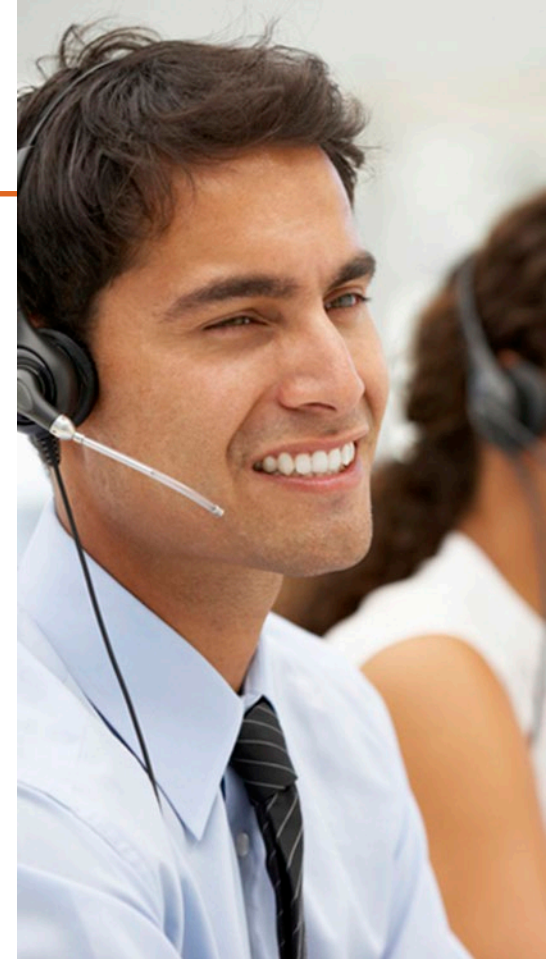
Call us anytime for solutions!

855.387.9727

Or Online:

www.GuidanceResources.com

Company Web ID: **ONEAMERICA3**



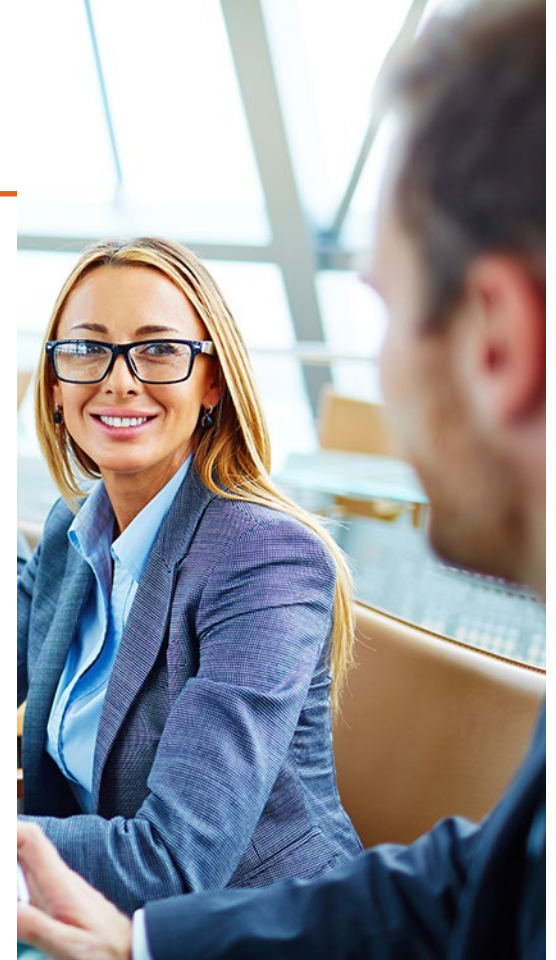
Confidential Counseling

Short-term Counseling

- Address issues early
- No cost
- Confidential
- Voluntary

Long-term Counseling

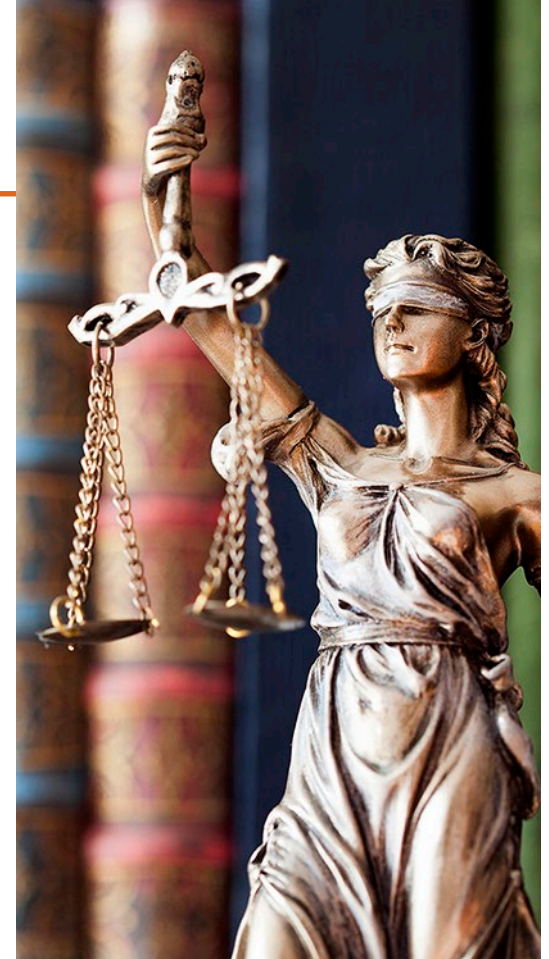
- Continuing treatment for long-standing issues
- Refer to insurance



Legal Information and Consultation

Expert legal information from licensed ComPsych staff attorneys

- Unlimited access
 - Family law
 - Wills
 - Bankruptcy
 - Estate planning
 - Real estate
 - ID theft
- Local, quality referrals
 - 30-minute in-person consultation
 - Discounted legal fees



Estate Guidance[®]

Free online customized will preparation

Step-by-step program guides users through questions

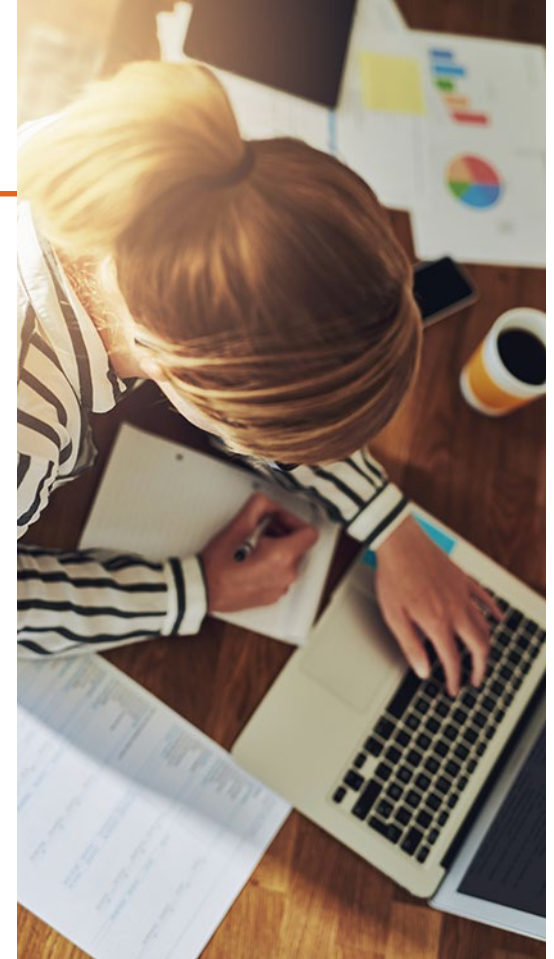
Dynamic content

Tailored to user's unique issues (married, divorced, children, state of residence, etc.)

Spouse can also write a will

Living wills available at low cost

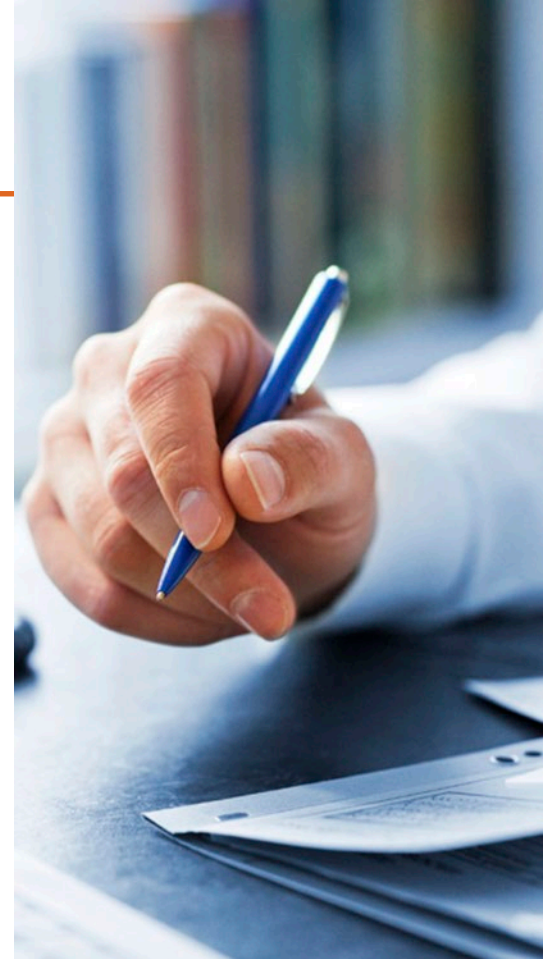
Excellent customer service



Financial Information and Consultation

Financial information from ComPsych® staff
financial experts

- Unlimited access
 - Budgeting
 - Income tax
 - Credit
 - Real estate
 - Debt
 - Retirement planning
- Confidential and objective

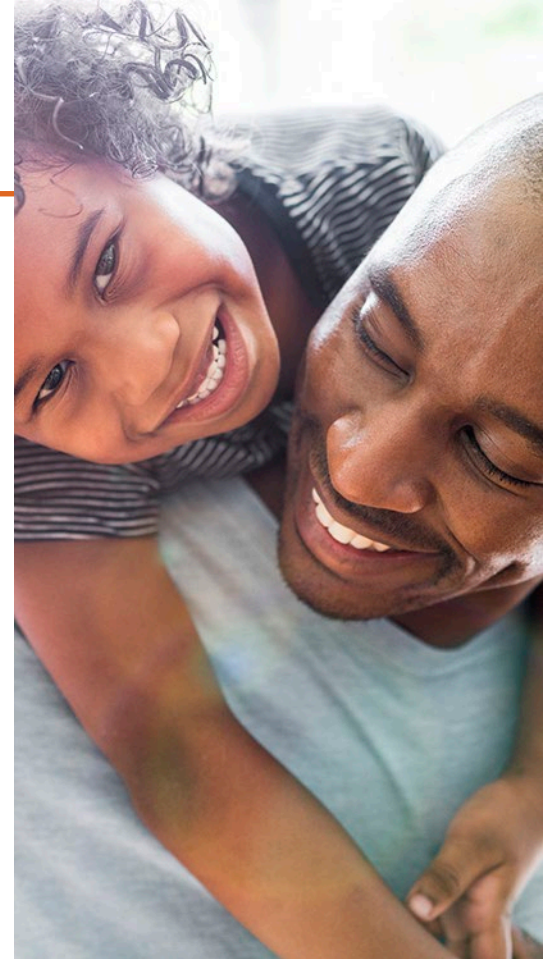


Work-Life Balance

Information, referrals and resources for work-life needs

Addressing work-life balance issues by providing practical information and referrals

- Child and elder care
- Educational options
- Community information
- Event planning
- Home improvement
- Buying/selling a home, relocation
- Assistance with shopping and locating items



Online Information, Tools and Services

GuidanceResources® Online

COMPSYCH®
GuidanceResources Worldwide

Wellness Relationships Work & Education Financial Legal Lifestyle Home & Auto Working Abroad



USA - English >

Help

GuidanceResources Online
welcomes ComPsych.

I'M LOOKING FOR

- Counselor
- Lawyer
- Certified Financial Planner
- Child Care Provider
- Elder Care Provider
- College and University
- Discounts

WELLNESS

- Health Assessment
- Personal Health Dashboard
- Online Wellness Coaching

[View more on HealthyGuidance™](#)

ALERT: BREAKING NEWS AND INFORMATION

World Watch Resources

Get updates on current events happening around the world.

Zika Virus

In response to the outbreak of Zika virus in Brazil, the U.S. Centers for Disease Control and Prevention issued a travel alert (Level 2 - Practice Enhanced Precautions) for people traveling to areas where Zika virus transmission is ongoing.



Caring for Your Skin

Hot Topics

- Green Smoothies
- Tips for Stepping Out of a Comfort Zone
- What kind of vehicle should I buy?
- Can I exercise while pregnant?
- Selecting Major Household Appliances
- Tips for a Good Working Relationship with a Boss
- Am I effective at networking?
- How can I save money when booking air travel?

FEATURED ARTICLES

ASK A GUIDANCE CONSULTANT



Send a Question
Chat for a Referral
800-xxx-xxxx

MY SERVICE REQUESTS

Enter client details to view:

- Certifications
- Provider Contact Information

ONLINE CENTERS



Tips for Saving Money
Grief and Bereavement
Empty Nest

[View More Centers](#)

Online Registration

GuidanceResources® Online

COMPSYCH®
GuidanceResources® Worldwide

[Log In](#)

[Profile](#)

[Personalization](#)

[Site Access](#)

Registration: Profile

To register for GuidanceResources Online, simply fill in the areas below. If you do not know your Company/Organization Web ID, contact your human resources department; call GuidanceResources Online by telephone at (877) 595-5289; or [contact](#) our member services department.

* Required

* Company/Organization Web ID

* User Name

(Select your own user name: 6-16 characters, no spaces.)

* Password

(Select your own password: 6-16 characters, no spaces.)

* Re-enter Password

* Security Question

What street did you live on in third grade?

* Security Answer

* Federal law requires that we ask if you are at least 13 years of age.

I am at least 13 years old.

I am under 13 years old.

[Need help](#) registering?

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Types of Referrals

Self-referral

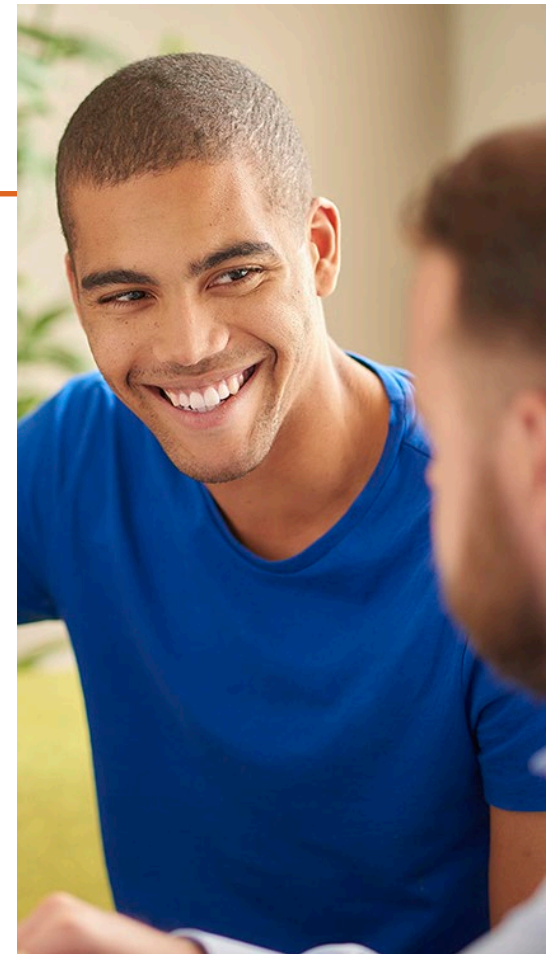
- Employee calls after receiving brochure, attending training, etc.

Informal referral

- Employee calls as a result of manager/HR suggestion

Formal referral

- Employer requires the EAP to seek counseling through the EAP as a stipulation for continued employment (typically a result of a behavioral/ policy compliance issue)



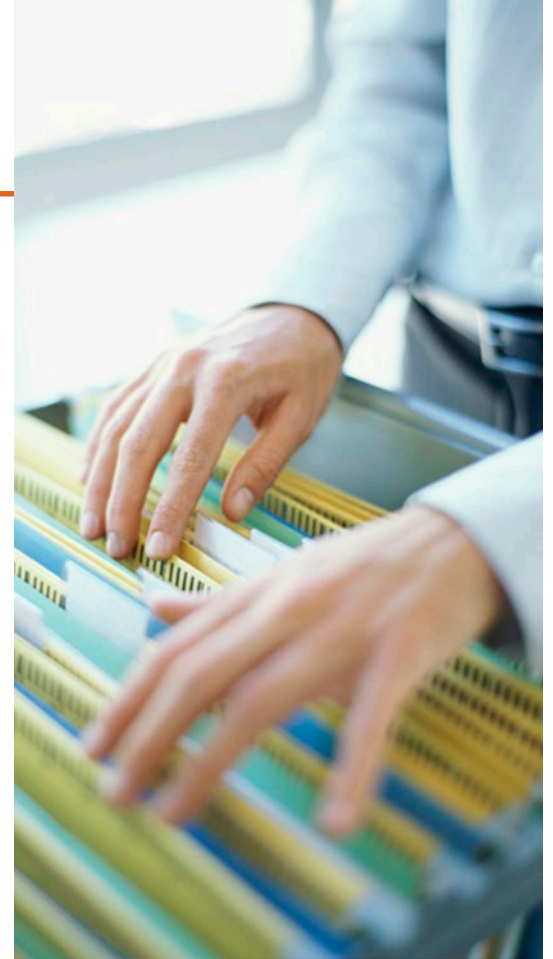
Additional Services

Supervisory consultants

Critical Incident Stress Management (CISM)

Training opportunities

- Personal and professional development workshops
- Management development
- HR/organizational consulting



Thank You for Attending

Your single source for confidential support, expert information and valuable resources, when you need it the most.

Available 24 hours a day, 7 days a week

Call: **855.387.9727** TDD: 800.697.0353

Online: **guidanceresources.com**

Your company web ID: **ONEAMERICA3**

