

NOVEMBER 2025

Health-e Pro 

MON	TUE	WED	THU	FRI
3 Sloppy Joes Sweet potato fries Diced Pears/Apple Colby Cheese Bites Alt: Sausage Pizza Stage: Fish Sandwich Zone: Ez Jammer	4 Hotdog Baked Beans Applesauce/Orange Yogurt/ Granola Stage: Grilled Chicken Zone: Cheese Stick/ ZeeZee Crackers	5 Popcorn Chicken Romaine Salad w/ Ranch Strawberry craisins/Apple Dinner Roll Stage: Grilled Cheese Zone: Ez Jammers	6 Turkey and Gravy Mashed Potatoes Peaches/Orange Whole Grain sliced Bread Stage: Cheese Quesadilla Zone: Yogurt and Graham	7 Fish Sandwich Cheese Slice Green Beans Pineapple/Apple Oreo Cookie Alt: Popcorn Chix/Zeezee Stage: Chicken Patty Zone: Yogurt and Graham
10 Chili Soup Fresh Pear/Orange Fritos Dinner Roll Alt: Pepperoni Pizza Stage: Fajita Bar Zone: Ez Jammer	11 Bbq Pork Sandwich Romaine Salad w/ House Mandarines/Apple Brownie Stage: Beef and Cheddar Zone: Cheese Stick ZeeZee crackers	12 Macaroni and Cheese Green Beans/Veggies Hummus Cinnamon Apples/Orange Pretzels Stage: Cheese sticks/Marinara Zone: Ez Jammer	13 Beef Dippers Mashed Potatoes Mixed Fruit/Apple Whole grain bread Stage: Shrimp Bar Zone: Yogurt and Graham	14 Chicken Twister lettuce and cheese Grapes/Orange Fruitables Punch Alt: Chicken patty Stage: Coney Dog Zone: Ez Jammer
17 Chicken Nuggets Far east Veggies Diced Pears/Oranges Dinner Roll Alt: Pepperoni Pizza Stage: Mashed Potato Bar Zone: Ez Jammer	18 Hamburger/Cheese French Fries Peaches/Apple S'more Snack Stage: Grilled Chicken Zone: Cheese stick/ZeeZee Cracker	19 Pepperoni Pizza Bean Bag Salsa Pineapple/Orange Potato Chips Stage: Cheese sticks/Marinara Zone: Ez Jammer	20 Beef and Noodles Carrots/Celery and Dip Apples Cinnamon Cake Stage: Chicken Quesadilla Zone: Yogurt and Graham	21 Breadsticks Marinara Broccoli Salad Craisins/Orange Vanilla Wafers Alt: Chicken Patty Stage: Pasta Bar Zone: Yogurt and Graham
24 Drumstick Green Beans Tropical Fruit/ Apple Dinner Roll Alt: Pepperoni Pizza Stage: Sausage and Egg Sandwich Zone: Ez Jammer	25 Hotdog Waffle Fries Applesauce/Orange Chocolate chip cookie Stage: Baked Potato Zone: Cheese Stick Zee Zee crackers	No school Thanksgiving Break		

ANNOUNCEMENTS

Set up your Child's Payschool central account online and track their balances.

Stage and Alt line is for 7-12 grades only,
Zone is 1-6 grades

MENU SUBJECT TO CHANGE

If you are not getting lunch balance emails, Call or email
ahrens.ashley@coldwatercavs.org
419-678-2480 ext.5151

MEAL PRICES

K-8 \$2.15
\$34.4(k-6) \$36.55(7-8)
9-12 \$2.25
Monthly \$38.25
Adult: \$3.00 + drink
Juice \$0.50
Milk \$0.55
Water \$.75

Ala Cart: Ice cream \$1.00

This institution is an equal opportunity provider. **Chips \$1.00**