


AUGUST 2025

Health-e Pro 

| MON | TUE | WED | THU | FRI |
|--|---|---|---|--|
| | | | | 1 |
| 4 | 5 | 6 | 7 | 8 |
| 11 | 12 | 13 | 14 | 15 |
| 18 | 19 Shredded Chicken Sandwich Curly Fries Peaches/Apple Fruit Crisp Stage: Sub Sandwich Zone: Cheese stick/zee crackers | 20 Cheese Soup Cooked Broccoli Mandarines/Orange Hot pretzel rod Stage: Biscuits/Gravy Zone: EZ Jammers | 21 Pizza Melt Corn Banana/Apple Fruit Snack Stage: Chicken Twister Zone: Yogurt/Graham | 22 Meatballs Romain w/Ranch Pineapple/Orange Dinner Roll Alt: Chicken nuggets Stage: BLT style salad bar Zone: Cheese stick/zee zee crackers |
| 25 Sloppy Joes Sweet potato fries Diced Pears/Apple Colby Cheese Bites Alt: Sausage Pizza Stage: Fish Sandwich Zone: Ez Jammer | 26 Hotdog Baked Beans Applesauce/Orange Yogurt/ Granola Stage: Grilled Chicken Zone: Cheese Stick/ ZeeZee Crackers | 27 Popcorn Chicken Romaine Salad w/ Ranch Strawberry craisins/Apple Dinner Roll Stage: Grilled Cheese Zone: Ez Jammers | 28 Turkey and Gravy Mashed Potatoes Peaches/Orange Whole Grain sliced Bread Stage: Cheese Quesadilla Zone: Yogurt and Graham | 29 Fish Sandwich Cheese Slice Green Beans Pineapple/Apple Oreo Cookie Alt: Popcorn Chix/Zeezee Stage: Chicken Patty Zone: Yogurt and Graham |

ANNOUNCEMENTS

Reminder to fill out your Free/Reduced Lunch Application for the 25-26 School Year.

Stage and Alt line is for 7-12 grades only,
Zone is 1-6 grades

MENU SUBJECT TO CHANGE

If you are not getting lunch balance emails, Call or email
ahrens.ashley@coldwatercavs.org
419-678-2480 ext.5151

MEAL PRICES

K-8 \$2.15
Monthly \$19.35
9-12 \$2.25
Monthly \$20.25
Adult: \$3.00 + drink
Juice \$0.50
Milk \$0.55
Water \$.75
Ala Cart: Ice cream \$1.00
Chips \$1.00

SEPTEMBER 2025

Health-e Pro 

| MON | TUE | WED | THU | FRI |
|--|---|--|--|---|
| 1 No school Labor Day | 2 Bbq Pork Sandwich Romaine Salad w/ House Mandarines/Apple Brownie Stage: Beef and Cheddar Zone: Cheese Stick ZeeZee crackers | 3 Macaroni and Cheese Green Beans/Veggies Hummus Cinnamon Apples/Orange Pretzels Stage: Cheese sticks/Marinara Zone: Ez Jammer | 4 Beef Dippers Mashed Potatoes Mixed Fruit/Apple Whole grain bread Stage: Shrimp Bar Zone: Yogurt and Graham | 5 Chicken Twister lettuce and cheese Grapes/Orange Fruitables Punch Alt: Chicken patty Stage: Coney Dog Zone: Ez Jammer |
| 8 Chicken Nuggets Far east Veggies Diced Pears/Oranges Dinner Roll Alt: Pepperoni Pizza Stage: Mashed Potato Bar Zone: Ez Jammer | 9 Hamburger/Cheese French Fries Peaches/Apple S'more Snack Stage: Grilled Chicken Zone: Cheese stick/ZeeZee Cracker | 10 Pepperoni Pizza Bean Bag Salsa Pineapple/Orange Potato Chips Stage: Cheese sticks/Marinara Zone: Ez Jammer | 11 Beef and Noodles Carrots/Celery and Dip Apples Cinnamon Cake Stage: Chicken Quesadilla Zone: Yogurt and Graham | 12 Breadsticks Marinara Broccoli Salad Craisins/Orange Vanilla Wafers Alt: Chicken Patty Stage: Pasta Bar Zone: Yogurt and Graham |
| 15 Drumstick Green Beans Tropical Fruit/ Apple Dinner Roll Alt: Pepperoni Pizza Stage: Sausage and Egg Sandwich Zone: Ez Jammer | 16 Hotdog Waffle Fries Applesauce/Orange Chocolate chip cookie Stage: Baked Potato Zone: Cheese Stick Zee Zee crackers | 17 Chicken Patty Sand. Corn/Hummus Peaches/Apple Ice cream cup Stage: Breadstick Marinara Zone: Ez Jammer | 18 Sausage Pizza Broccoli and dip Mixed Fruit/Orange String Cheese Stick Stage: Chicken Twister Zone: Yogurt and Graham | 19 French Toast Sticks Cubed Hashbrown Strawberries/Apple Yogurt/Granola Alt: Popcorn Chicken Stage: Taco Bar Zone: Ez Jammer |
| 22 Rib Sandwich Romaine with Ranch Pineapple/Oranges Birthday cake ZEE ZEE Alt: Cheese Pizza Stage: Korean Beef and Rice Zone: Ez Jammer | 23 Shredded Chicken Sandwich Curly Fries Peaches/Apple Fruit Crisp Stage: Sub Sandwich Zone: Cheese stick/zee crackers | 24 Cheese Soup Cooked Broccoli Mandarines/Orange Hot pretzel rod Stage: Biscuits/Gravy Zone: EZ Jammers | 25 Grilled Cheese Tomato Soup Banana/Apple Carrots/Celery Goldfish Stage: Stuffed Crust Pizza Zone: Yogurt and Graham | 26 Meatballs Romaine w/Ranch Pineapple/Orange Dinner Roll Alt: Chicken nuggets Stage: BLT style salad bar Zone: Cheese stick/zee zee crackers |
| 29 Sloppy Joes Sweet potato fries Diced Pears/Apple Colby Cheese Bites Alt: Sausage Pizza Stage: Fish Sandwich Zone: Ez Jammer | 30 Hotdog Baked Beans Applesauce/Orange Yogurt/ Granola Stage: Grilled Chicken Zone: Cheese Stick/ ZeeZee Crackers | | | |

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Water \$.75
Ala Cart: Ice cream \$1.00
Chips \$1.00